Hope springs eternal in both man and beast

Join art therapist, author Elizabeth Cockey as she imagines tales of the animal afterlife

Devout Pekingese lover Elizabeth Cockey and her husband, Barton, have experienced the transforming power and simple joy of a wagging tail or heart-melting whine. From serious illness to a plain bad day, dogs can help both children and adults find peace in their lives once again.

Inspired by the tragic loss of their dog, they co-authored *The Reincarnation of Piggie Pie-Pooh: A Dog Trilogy* (September 2014) to ease their pain. A collection of three short stories—"The Year the Devil Came to Christmas," "The Dog Shusher," and "The Reincarnation of Piggie Pie-Pooh"—the book shares the beautiful connection between dog and man. A dog found on Christmas, the strange sixth sense dogs have in coming to the aid of their owners, and a beloved pet returning after death, the tales weave together fact and fiction and ring with the truth and honesty that only the pure personality of a dog can have.

Drawing from their relationships with their one lost and three living Pekingese companions, the Cockeys' honest rendition of life with pets emphasizes the positive influence that they can give to a person in any walk of life. The Reincarnation of Piggie Pie-Pooh demonstrates the love and affection dogs are more than willing to bring to anyone who needs it.

Story Ideas

- The benefits of art therapy with those suffering from Alzheimer's dementia, stroke or schizophrenia
- · Art as a diagnostic tool
- The impact of art on the aging brain
- Animal therapy and the elderly: Using a dog to give comfort can accelerate the recovery process
- · How pets help us deal with loss, death and the afterlife
- · An art and Reiki therapist on the power of pets in healing, especially with geriatrics
- · An intro to art therapy, benefits and techniques



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About the Authors

Elizabeth Cockey is dedicated to enhancing the personal and mental development of others. A national authority on the use of art therapy in the treatment of Alzheimer's, dementia, stroke and schizophrenic patients, she has been acclaimed for her work in long-term and palliative care facilities.

For more than 18 years, she has created recreational art therapy programs in the Baltimore area. She is a frequent speaker for clubs, women's societies and medical and recreational organizations and holds two B.A. degrees in Art and Psychology and a Master's in Art Therapy.

Also an animal therapy enthusiast, Elizabeth often brings her Pekingese Oliver to her one-on-one sessions with Alzheimer's and dementia patients. He brightens their day, serves as a great prop for someone who is depressed, and connects them with memories of their own pets.

Her extensive media experience includes TV and radio interviews on the topics of 'art as a diagnostic tool' and 'the impact of art on the aging brain.'

Her non-fiction works include *Drawn From Memory: A Personal Story of Healing Through Art, Upstate New York: Towns That We Love, Drawn to the Land: The Romance of Farming, and Baltimore County: Historical Reflections and Favorite Scenes. The Reincarnation of Piggie Pie-Pooh* is her fourth release and first foray into the fiction genre.

Her husband, Barton Cockey, is a graduate of John's Hopkins University and practicing diagnostic radiologist. He has co-authored several of their books. Together, they enjoy archaeology, hiking, local historic preservation and restoration, and reading. They live with their three dogs in Baltimore, Maryland, and Greenwich, New York.







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