

'HABITS FOR OUR HOLINESS' EXPANDS OUR VIEW OF THE CLASSICAL SPIRITUAL DISCIPLINES

In revealing how the disciplines exhibit their greatest power, Philip Nation aims to give Christians a bigger reason - and greater desire - to pursue them

WHAT IS THE BOOK ABOUT?

Not just maturing in them, but connecting the classical spiritual disciplines to all of life. Includes a multitude of examples, stories, and illustrations. The book aims to inspire readers to nourish their lives with discipline, enjoy the fruit of godliness, and have a hand in building the church.

HOW IT DIFFERS FROM OTHER BOOKS ON THE TOPIC

Most books on the spiritual disciplines follow the same pattern: introduce the discipline, prove it from Scripture, and give tips for how to practice it. **What does this book do, that others - old and new - don't?**

- Explores the idea that the disciplines aren't just for our maturity, but for the benefit of all and the glorification of God as we interact with and take our love to the world. I.e, it looks at the classical spiritual disciplines from more a missional, Kingdom perspective and less that of just the individual
- Gives Christians a bigger reason—and greater desire—to pursue spiritual disciplines.
- Doesn't live in just one theological encampment
- Offers considerable substance, but is 'accessibly written' for everyone
- Is less 'theologically-oriented', more culturally aware of the normal lives of everyday people ... i.e., is less 'high-minded' and more practical

WHY IS IT RELEVANT?

- Uniquely practical amongst comparative titles
- Educates, but also calls Christians to community, mission
- Believers need to know that spiritual disciplines are not just for the 'super-spiritual', but for all of us.
- The disciplines lead to the mission and the mission leads to the disciplines. We need both and both need each other.
- People want to know how to put their faith into action and grow up in the faith. Missional spirituality does that.

HOW WE'D LIKE TO HELP YOU IN FEATURING IT

- Excerpts are available upon request
- Author Philip Nation is available to write bylined contributed pieces, guest posts
- Nation is available for phone interviews, Q&As
- Additional review copies can be made available
- Nation is available for television, radio, podcasts, Skype interviews

HABITS for Our HOLINESS



*How the Spiritual Disciplines
Grow Us Up, Draw Us Together,
and Send Us Out*

Philip Nation

BOOK DETAILS

Paperback: 224 pages

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PR  BOOK

WHO IS PHILIP NATION?

DR. PHILIP NATION is the Director of Content Development with the Resources Division of LifeWay Christian Resources. He is also the Teaching Pastor for The Fellowship and Assistant Professor of Leadership and Biblical Studies for Houston Baptist University. He holds a Master of Divinity from Beeson Divinity School and Doctor of Ministry from Southeastern Baptist Theological Seminary. Philip is a frequent speaker in churches and conferences. From 2010 to 2012 he served as the national spokesperson for the "National Back to Church Sunday" campaign for Outreach, Inc. Philip and his wife, Angie, make their home in Tennessee with their two sons, Andrew and Chris.

EXPERTISE

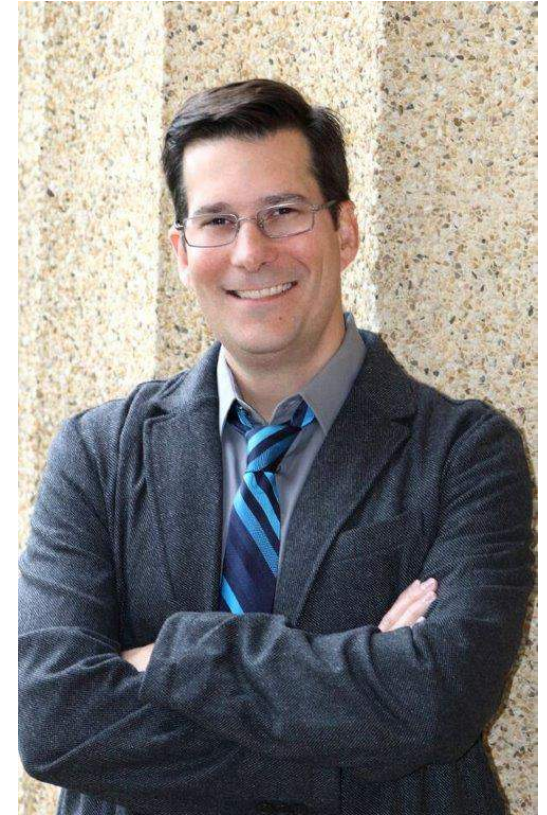
- Theology
- Spiritual disciplines
- Missions
- Christian resource development
- Ministry/pastoral leadership

PREVIOUS BOOKS:

Co-editor, *The Mission of God Study Bible*

Co-author (Ed Stetzer), *Compelled by Love*

Co-author (Michael Kelley, Eric Geiger), *Transformational Discipleship: How People Really Grow*



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