

Dayna Steele

Author of Surviving Alzheimer's With Friends, Facebook, and A Really Big Glass of Wine

About the Book

With unfiltered observations and sometimes dark humor, author Dayna Steele chronicled her mother's journey with Alzheimer's on Facebook. This collection of Alzheimer's updates posted on the social media network includes biting humor and raw emotion as Dayna carries you from the diagnosis to the inevitable end. Also included are sections from a neurologist, Long Term Care insurance specialist, other caregivers, documents expert, elder care attorney, and an assisted living advisor. This is a journey way too many of us are going to experience in one way or another. If you have to experience Alzheimer's – and chances are you will – do it like Dayna with love, wit and wine.

About the Author

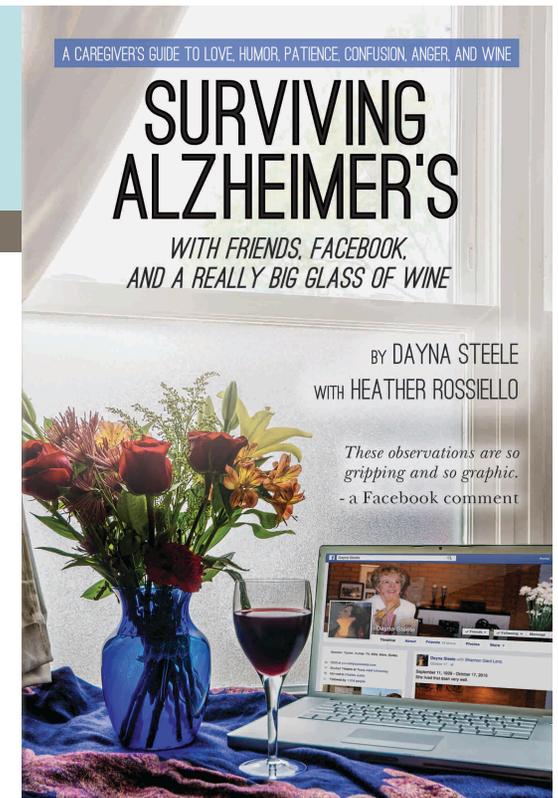
Speaker, author, and success strategist Dayna Steele worked with the world's greatest rock stars for over twenty years as a Hall of Fame rock radio personality in Houston, Texas. She took those lessons and formed several successful companies. Now, Dayna delivers those lessons on leadership, teamwork, customer service, marketing, communication, and more to audiences around the world with her presentations and books. And, as the CEO of YourDailySuccessTip.com, Dayna continues to deliver these success lessons every day, one tip at a time, to thousands of faithful followers.

Throughout her career, Dayna has garnered national accolades. She was named one of the "100 Most Important Radio Talk Show Hosts" by Talkers Magazine, nominated as "Local Radio Personality of the Year" by Billboard Magazine and has been inducted into the Texas Radio Hall of Fame. AOL called her 'one of the foremost experts on career networking' and Reader's Digest Magazine named Dayna one of the "35 People Who Inspire Us."

In addition, Dayna is the creator of the 101 Ways to Rock Your World book series and the author of the best-selling business book *Rock to the Top: What I Learned about Success from the World's Greatest Rock Stars*. She has been inducted into the Texas Radio Hall of Fame and continues to be a successful entrepreneur as well as a regular contributor to Fox News Houston. Her latest book is a personal journey – *Surviving Alzheimer's: With Friends, Facebook, and a Really Big Glass of Wine*.

Dayna is currently traveling the country as the Chief Caring Expert for Caring.com. Dayna lives in Seabrook, Texas, with her husband, author, and former NASA pilot Charles Justiz, and has three sons. She is a member of the Screen Actors Guild, invests in Broadway musicals, and occasionally attempts to convince people she can play golf.

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BOOK DETAILS

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