

CONQUER YOUR CHRONIC PAIN

The life-changing book from
recognized pain expert Peter Abaci, MD

Since 100 million Americans suffer from chronic pain,
you know someone who shares this condition.

Maybe it's your mother who struggles with rheumatoid arthritis.

Possibly it's your spouse and his/her issues with fibromyalgia.

Or - it could be you.

Conquer Your Chronic Pain offers the millions of chronic-pain sufferers throughout the world a transformative model for pain management. **Dr. Peter Abaci, Medical Director of the nationally recognized Bay Area Pain and Wellness Center, and known to many through his work with WebMD and Huffington Post**, is a pioneer in understanding the biopsychosocial aspect of chronic pain and patients' demands for a more holistic and personal approach to pain management.

In *Conquer Your Chronic Pain*, Dr. Abaci details his own struggle with injury, surgery, and conventional recovery and pain management, then offers a wide variety of case studies and clear explanations of the latest scientific research to reveal how chronic pain creates a brain-based disease that will only respond to integrated therapies. For two decades, Dr. Abaci's approach has helped transform the lives of thousands of people devastated by pain.

For those suffering from chronic pain - and are tired of failed treatments and too many pills - relief starts here.

Dr. Abaci is available for interviews - please contact Judy McDonough at PR by the Book at 512-501-4399, x710, or judy@prbythebook.com



Peter Abaci, M.D. is certified in anesthesia and pain management by the American Board of Anesthesiology. He serves as the Medical Director of the nationally recognized Bay Area Pain and Wellness Center, located in Los Gatos, California, which he co-founded with Dr. John Massey. A widely respected expert on chronic pain management and a highly successful chronic pain sufferer, he is the author of "Take Charge of Your Chronic Pain: The Latest Research, Cutting-Edge Tools, and Alternative Treatments for Feeling Better." Dr. Abaci is the host of Health Revolution Radio, editor and co-founder of painreliefrevolution.com, serves as an expert and weekly contributor for the chronic pain community on WebMD, and is a regular contributor to The Huffington Post and About.com.

